

# Registration Form



Best Practices in the Support of People with Developmental Disabilities  
Annual Conference  
June 9, 10, and 11, 2009

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Please circle the breakout sessions you plan to attend:

Day One:

Session 1: A B C D E F

Session 2: A B C D E F

Session 3: A B C D E F

Day Two:

Session 1: A B C D E F

Session 2: A B C D E F G

Session 3: A B C D E F

Day Three: A B C D E F G

## Conference Registration

- Registration by 5pm April 30: \$99
- Registration for people receiving supports/services & parents of people receiving supports/services: \$59
- Registration for 5 or more registrants from the same organization *submitted together by April 30*: \$89 each
- Everyone after April 30: \$129

All discounted rate registrations must be received before April 30.

## Conference Rate Hotel Accommodations

Sheraton Kansas City Sports Complex  
9103 E 39<sup>th</sup> Street  
Kansas City, MO 64133  
816-737-0200

Standard Double or Standard King  
single \$99, double \$99, triple \$109, quad \$119

After April 30 rooms will be provided as space allows at prevailing rates.

## Method of Payment

- Check enclosed (amount \$ \_\_\_\_\_)  
\*Make check payable to KNI
- Organizational purchase order (# \_\_\_\_\_)
- Kansas State Agency Interfund
- Credit Card  
 visa  mastercard  discover  american express

Name on Card: \_\_\_\_\_

Account #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Verification code: \_\_\_\_\_

Signature: \_\_\_\_\_

## Sponsorship Levels for 2009

- \$250
- ✓ Display space in a prominent place at the conference
- \$1000
- ✓ Display space in a prominent place at the conference
- ✓ Notation of your company/organization as a sponsoring entity in all promotional materials, reaching over 10,000 people in 17 states
- ✓ Inclusion on our website
- \$2500
- ✓ Display space in a prominent place at the conference
- ✓ Notation of your organization as a sponsoring entity in all promotional materials, reaching over 10,000 people in 17 states
- ✓ Inclusion on our website
- ✓ Recognition in the general session as the sole sponsoring entity of one keynote address

Please fill out a separate registration form for each participant and return with payment to Dave Skinner:

By Email: [das@kni.ks.gov](mailto:das@kni.ks.gov)

By Fax: 785-296-7923

By Mail: 3107 SW 21<sup>st</sup> Street

Topeka, KS 66604

# Schedule of Events

## Day One: Tuesday, June 9

- **8:00am-9:00am: Registration**
- **9:00-10:30am: Keynote—Tamar Heller**
- **10:45am-12:15pm: Breakout Session One**

A: "The Ruocco Assessment Tool: An Assessment for Alzheimer's Dementia in Persons Who Have Disabilities"  
*LouEllen Ruocco*

Participants will learn how to collect information in order to use the Ruocco Assessment tool for persons suspected of having Alzheimer's Dementia. Specific techniques for persons with disabilities will be discussed.

B: "Health Promotion and Adults With Developmental Disabilities"

*Tamar Heller, Department of Disability and Human Development, University of Illinois at Chicago*

Adults with disabilities are at a greater risk of developing age-related secondary conditions than the general population. This presentation will discuss ways to promote health including health care access, health advocacy, and model exercise and nutrition programs.

C: "Putting Person-Centered Values Into Action"

*Amanda George, Helen Sanderson Associates, USA*

The presenter will explain how person-centered thinking, tools, and skills can be used to realize positive changes for people supported and employees of an organization. This will be done through sharing stories of how person-centered thinking has been used in various agencies. Participants will have an opportunity to use person-centered thinking tools to reflect on their own experiences and be supported to find solutions.

D: "Wheelchair Positioning Affects Functioning!"

*Ken Lassman, Kansas Neurological Institute*

This presentation will focus on the major ways that positioning in a wheelchair can affect an individual's independence, attitude, and participation in daily activities. Learn simple things you can do to ensure good postural support and comfort in a wheelchair and identify when you should have the person's wheelchair evaluated by a specialist.

E: "Planning for the Future of Your Child or Dependent With Special Needs"

*J. Todd Gentry, MetDESK*

This presentation will help families learn to apply for and maintain access to government benefits as well as planning for a lifetime of quality care for their loved one. We will discuss SSI and SSDI benefits, Medicaid, Medicare, Special Needs Trusts, and guardianship.

F: "Independent Living Skills to Promote Community Participation and Inclusion"

*Kim Dietrich, Topeka Independent Living Resource Center*

Discuss the Independent Living Movement and the broad array of services that Independent Living Centers can offer to people with disabilities so that they may participate in their community. Services can include peer counseling, exploring social and recreational opportunities, accessing assistive technology, learning rights and responsibilities, plus much more. Learn about the Topeka ILRC's involvement in legislative advocacy, candidate forums, ADA Celebrations, and self advocacy groups.

- **1:15pm-2:45pm: Breakout Session Two**

A: "Building Foundations for True Person-Centered Supports"

*Tessy Best, Janelle Lyons, and Quinta Avance, Kansas Neurological Institute*

Understand what person-centered approaches really are and what they look like as services and supports. Learn what tools are available to identify true person-centered supports. Participants will do a self-evaluation of person-centered performance within their organization. \*\*\*This presentation is continued in the next session.\*\*\*

B: "Family Support and Aging: Enhancing Family Caregiving Supports"

*Tamar Heller, Department of Disability and Human Development, University of Illinois at Chicago*

Most adults with developmental disabilities live with their families. As parents age, an increasing need exists for transition planning and for obtaining home and community-based support. This presentation will discuss models of supporting families including parents, siblings, and adults with developmental disabilities in future planning, goal setting, and increasing life opportunities. It will also discuss emerging national and local sibling leadership networks.

C: "Alzheimer's Disease: What It Is and What It Is Not"

*Beatrice B. Brailey, Region V Services-SENDS*

This presentation stresses the fact that Alzheimer's Disease is an "equal opportunity disease"—members of the generic population as well as individuals with ID/DD can acquire this disease. The presentation will clarify what the disease is, how it impacts the brain (in plain language), and why this information is important to persons who support individuals with intellectual disabilities. \*\*\* This presentation is continued in the next session.\*\*\*

D: "Earn While You Learn: Online Degree Programs in Developmental Disabilities and QDDP Certification"

*Mary Mercer, North Dakota Center for Persons with Disabilities at Minot State University*

For over 25 years Minot State University has collaborated with DD services providers in North Dakota to offer a comprehensive, competency-based career ladder training for direct support and other professionals, which is now offered online. Learn how this program can provide the foundation QDDPs need to provide comprehensive, individualized supports for people with developmental disabilities.

E: "Functional Assessment and Behavior Support"

*Nan Perrin, Michelle Beasley, and Caitlyn Lampert, CLO ECAP*

Learn the components of Functional Behavior Assessment and understand the purposes of behavior. Identify efficient interventions to support children with autism, families, and staff. This presentation will involve interactive activities such as videos and vignettes. \*\*\*This presentation is continued in the next session.\*\*\*

F: "Epilepsy 101"

*Carol Vaughn, Epilepsy Foundation of Kansas and Western Missouri*

Learn the basics about epilepsy, including how to recognize different types of seizures and appropriate first aid for seizures. Participants will gain an increased comfort level in dealing with seizures.

➤ **3:00pm-4:30pm: Breakout Session Three**

A: "Building Foundations for True Person-Centered Supports" continued

B: "The Music of Our Lives: Music Therapy and Recreational/Supportive Music to Improve Quality of Life"

*Rachelle Norman, Soundscape Music Therapy*

This presentation will address the use of music to improve health and well-being for people of all ages and ability levels. Participants will learn about the specialized work of music therapists with people with intellectual disabilities. Participants will discuss how they already use music in their own lives and workplaces for positive outcomes, and the presenter will demonstrate various music experiences used in music therapy.

C: "Alzheimer's Disease: What It Is and What It Is Not" continued

D: "Improving Quality of Care While Saving Up To \$1500 Per Person Served"

*Jeff Case, Therap Services*

Now more than ever we are in an environment that demands changing the way we do business in order to stay in business. Funds are in short supply, so what can agencies do to work smarter, not harder, in these tough economic times? Join us as we share cost-saving technologies that you can access today and put money back in your company budget.

E: "Functional Assessment and Behavior Support" continued

F: "Capturing Memories and Meaning"

*Christine Brady, Kelli Holthaus, Cheryl Hobbs, Amanda Moison, and Kathy Fox, Kansas Neurological Institute*

Because pictures capture hearts as well as moments, participants will explore the important role pictures play in providing continuity, history, and meaning in the lives of persons they support. Participants will explore the creative ways in which pictures can be used and work together to identify ways to overcome barriers of time, money, and support to make this possible. Participants will leave with a scrapbook page they have created.

## Day Two: Wednesday, June 10

### ➤ **8:30am-10:00am: Keynote- Tom Pomeranz**

### ➤ **10:15am-11:45am: Breakout Session 1**

#### A: "We're Still Getting Older"

*Jeanne Tomiser, Debbie Mesecher, Ken Lassman, Bently McKinsey, Tina Lopez, John Gee, & Mary Hammerschmidt, KNI*

A panel of presenters from different professions (psychology, social work, nursing, and occupational therapy) will discuss aging issues from their unique perspectives and will stimulate thought among participants about what resources, priorities, and practices work when dealing with the challenges of aging in persons with developmental disabilities.

#### B: "Supported Routines: Best Practice Strategies for a Fulfilling Life"

*Tom Pomeranz, Universal LifeStiles*

This lively and informative session bring home the point that "habilitation is not a goal—it is a result." People grow, develop, and become more independent as a result of participating in meaningful life activities. This session details how supports should be delivered to allow individuals with significant challenges participate in all aspects of their life. The maxim that "without a presence, there is no future" serves as the foundation for this session.

#### C: "SSDI and SSI Work Incentives"

*Steve Curtis & Terry Cronin, Working Healthy KHPA/SRS*

This presentation will cover the effects of earned income on cash benefits and maintaining Medicare and Medicaid while working. Participants will be encouraged to ask questions and offer hypothetical scenarios for discussion in order to better understand work incentives and how they may be utilized to increase the overall income of recipients.

#### D: "Continuing Education: What Happens After High School"

*Adelaide Hjarpe, Plano Parks & Recreation*

Participants will receive guidelines on how to set up and structure a continuing education curriculum for adults with special needs that enhances reading and math skills and independent living skills. Participants will receive sample materials and discuss strategies for adapting to meet the needs of individual students based on abilities.

#### E: "Building a Life in the Community"

*Nanette Whightsel, The Arc of Indiana*

This presentation centers on the belief that everyone can live safely and successfully in the community of their choice. Participants will learn how the self-advocacy movement in Indiana shaped and planned the closures of Indiana institutions for people with developmental disabilities and how even in challenging situations, supports were discovered and utilized to make sure that each person could thrive in the community of their choice. Taped messages from people who were moved out of institutions and other self-advocates will be included and questions and discussions will be welcomed.

#### F: "Top Chef: Recipe for Success"

*Sharla Hyler & Michelle Saunders, Alternative Community Training*

Participants will discover the necessary ingredients for a successful program including ideas for retention and recruitment efforts, training, and the evolution of a program to meet changing needs. Participants will have a chance to analyze their current "menu" and think outside the "bread box" to find new ideas for their programs.

### ➤ **1:00pm-2:30pm: Breakout Session 2**

#### A: "Functional Assessment: What It Is and How To Utilize It"

*Quinta Avance and Tina Lopez, Kansas Neurological Institute*

An overview of Functional Assessment, pros and cons of the different forms of Functional Assessment, and how to gather information for a Functional Assessment. Participants will complete hands-on activities to gain practical experience on creating Functional Assessments and making the assessment work for the consumer. \*\*\*This presentation is continued in the next session.\*\*\*

#### B: "Achieving the Right of Adult Status: Through Universal Enhancement"

*Tom Pomeranz, Universal LifeStiles*

In this informative and provocative session, Dr. Pomeranz decisively dispels the myth "they are children in adult bodies." Attendees will be introduced to a variety of age-appropriate training and leisure materials that are desired by individuals with developmental disabilities.

C: "Self-Determination"

*Mitzie Tyree & Dolores Cummings, TARC, INC.*

Presenters will share how their organization has implemented self-determination services in their community by ensuring that the person and their circle of support have control over how their support dollars are spent. The presentation will include information about the history of self-determination, founding principles, and importance of person-centered support plans as well as how to make this all work with budget, documentation, and employees.

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G: "R.E.S.P.E.C.T.: Find Out What It Means To Me"

*Kyle Barnes & David Smith, Parsons State Hospital and Training Center*

Members of an adult self-advocacy group will help participants learn how to generate ideas in teaching respect to support staff and consumers through presentation and role play.

➤ **2:45pm-4:15pm: Breakout Session 3**

A: "Functional Assessment: What It Is and How To Utilize It" continued

B: "Universal Language: It's All in How You Say It"

*Tom Pomeranz, Universal LifeStiles*

This session will heighten participants' sensitivities to the impact of language in promoting respectful relationships. The evolution of slang references that devalue people will be discussed through numerous examples of insensitive language presented alongside the Universal Language alternative.

C: "Self-Determination" continued

D: "What If? Weighing Risk vs. Independence"

*Kym Gross, Vera Smith, and Tim Knowles, Kansas Neurological Institute*

This presentation will examine the possibility that certain risks are necessary to maintain a level of independence and productivity. Real-life scenarios will be explored and time will be made for participants to reflect on their own scenarios and brainstorm creative ways to balance risk and independence.

E: "Alzheimer's Disease: What It Is and What It Is Not" continued

F: "Using Acting and Technology to Teach Social Skills"

*Michelle Henderson, IASIS Learning Center*

Learn how to use acting methods to exercise students' imaginations and help improve their communication skills! Role playing real-life scenarios teaches students the correct social rules for different situations such as taking turns, starting a conversation, and dealing with bullying. Participants will learn how to use these techniques along with videos and interactive software to build a creative social skill curriculum.

## Day Three: Thursday, June 11

### ➤ **8:30am-10:00am: Breakout Session**

#### A: "Electric Training"

*Libby Tidwell, Kansas Neurological Institute, Bruce Sergeant & Brenda Haverkamp, SRS Strategic Development*

Online training doesn't have to be boring! The presenters will show examples of the work they have done for SRS and KNI using software such as Lectora, Flash, and Captivate. Participants will be given ideas on how to improve PowerPoint presentation with interactive content and will receive giveaways on CD.

#### B: "Stress Busting for the New Millenium: How to REDUCE, Not Just Manage Stress in Your Life"

*Tim Piccirillo*

Learn how to reduce stress through a three-step approach to identifying and coping with negative stress! Participants will gain skills that will help them identify symptoms and causes of stress, change their perception of stressful events, and modify their environment to lower stress. Tips will include eight techniques to relax the body and mind, three "thinking errors" and how to stop them, and how to use the power of humor.

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#### E: "Low Tech, High Participation: Simple Assistive Technology to Improve Choice Making and Participation"

*Bill Musgrave and Ken Lassman, Kansas Neurological Institute*

Participants will gain an understanding of basic assistive technology equipment and learn how assistive devices plus task partnering can enable individuals to have more meaningful lives. Equipment created by the Kansas Neurological Institute assistive technology team will be displayed along with a discussion of how each piece came about.

#### F: "What the Heck is GERD? ... And Other Common GI Problems"

*Nialson Lee, Kansas Neurological Institute*

Participants will learn to identify the anatomy of the GI tract, learn common signs and symptoms of peptic ulcer, and discuss various treatment modalities for GERD.

#### G: "Think About Writing Your Own Newsletter: Power for Self-Advocates!"

*Belinda Bunde, self-advocate*

Learn about the process and possibilities in creating colorful, creative newsletters for a variety of purposes. Participants will engage in person-centered thinking and will create their own one-page descriptive newsletter. View Belinda's early newsletters at [www.learningcommunity.us/documents/Belinda.pdf](http://www.learningcommunity.us/documents/Belinda.pdf).

### ➤ **10:15am-11:45am: Keynote- Tim Piccirillo**

### ➤ **11:45am-12:15pm: Wrap Up/ Drawing**



Heartland Pharmacy